

FIVE PRINCIPLES OF RECOVERY PLANNING

1

Recovery plans are self-directed.

2

Recovery planning is the responsibility of the client, and is facilitated by the keyworker/ recovery coach/ mentor.

3

Recovery plans are subject to regular review led by the client

4

Recovery plans are blueprints that guide the therapeutic journey towards specified and evolving goals.

5

Recovery plans are owned by the client and accompany them on their journey through and beyond services.

RECOVERY PLAN

Name:

Date:

Recovery Goals

A

B

C

D

E


Review on:


Goal:


Steps to achieve goal


Tick when completed


- 1






- 2






- 3




- 4




- 5



Review: self-assessment

Date	Progress	Evaluation	Action